2A HEALTH

24/7/365 COVERAGE







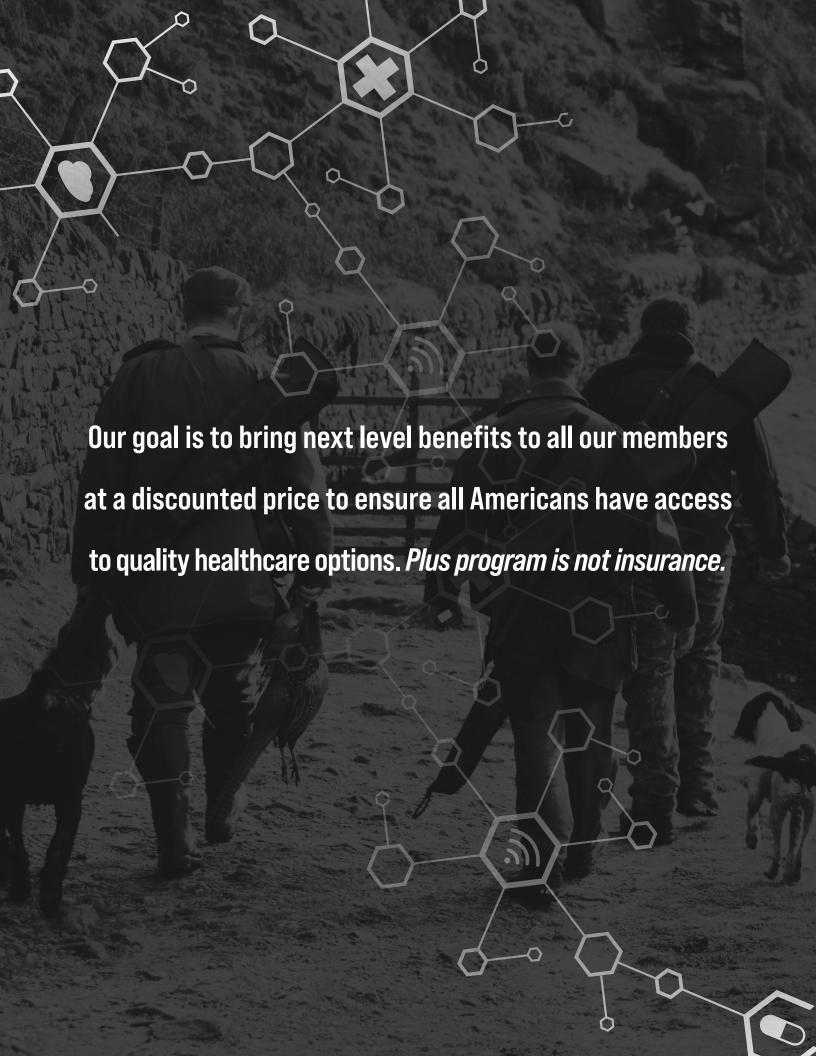












VIRTUAL PRIMARY CARE

Get an in-depth consultation with a primary care physician. Find the right primary care provider using our proximity, gender, language, and availability smart locator.

- Preventative Care
- Routine Screenings
- Treatment of Common Illnesses
- Lab Tests & Result Interpretation
- · Referrals to Specialists
- Condition Management

TELE-PSYCHIATRY

Connect with a U.S. based, noard-certified psychiatrist who can diagnose, treat, and prescribe medications for a range of mental health disorders, as necessary.

- Anxiety
- Depression
- Trauma & PTSD
- Panic Disorders
- · Bipolar Disorder
- · Addictive Behaviors

VIRTUAL URGENT CARE

See the first available provider via phone or video for common acute illnesses. Obtain medical advice, recommendations, diagnoses, and prescription medication when appropriate.

- Allergies
- · Cold & Flu Symptoms
- Fever
- Cough
- Sore Throat
- · Urinary Tract Infections
- · Pink Eye
- Skin Problems
- Sinus Problems

SAVE \$30

BIGDADDY

VIRTUAL COUNSELING/THERAPY

Consult with a licensed psychologist for a one-on-one session to assess your symptoms, evaluate your medical, psychiatric, and family history, and help decide on a course of action moving forward.

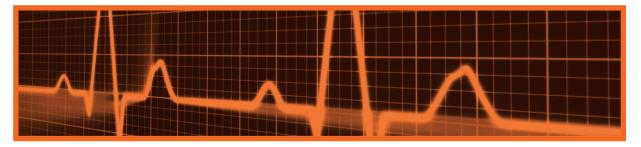
- Depression
- Anxiety
- Addiction
- Stress Management
- Life Changes
- · Grief & Loss
- Relationship Issues

PRESCRIPTION PROGRAM

Telmedicine has an Acute & Chronic Medication Subscription Program that provides 37 drugs at no charge, plus 200 medications at \$5.

PET TELMEDICINE

Ask questions, get a second opinion, understand if you need to take your pet to the vet or ER, discuss behavioral issues, training, and wellness.



See site for terms and conditions some utilizations fees may apply!

Acute Medication Subscription Program

You won't have to worry about the expensive cost of 37 commonly prescribed medications. That's because Telmedicine has an Acute & Chronic Medication Subscription Program that provides 37 drugs at no charge, plus 200 medications at \$5, with great discounts on all other medications!



Consider us Your Pharmacy Savings Advocate! Our customer care team is here to help you find the lowest available price on medications. Plus chronic conditions like: **Drugs include: Our program covers: Antibiotics** Arthritis Amoxicillin **Bronchitis** Cholesteral Azithromycin (Z-Pak) Ciprofloxacin Asthma Diabetes Cough High Blood Pressure Cialis (Generic) Ear Infections Glipizide Pink Eye Hydrocortisone Meclizine Fever Headache Naproxen Omeprazole Migraine Prednisone Pain Management Poison Ivy Tessalon Viagra (Generic) Sore Throat Warfarin Strep

THE PROGRAM IS EASY TO USE: You will receive an electronic membership card that can be presented at any retail pharmacy (over 70,000 in-network) and, if on the formulary - pay nothing! If it is not on the \$0 formulary, your out-of-pocket cost is based on a deeply discounted price.

STRESS MANAGEMENT ADDICTION DEPRESSION ANXIETY FINANCIAL ISSUES RELATIONSHIP SUPPORT PARENTING ELDER OR CHILDCARE NEEDS WEIGHT MANAGEMENT GOALS LEGAL METTERS FITNESS/EXERCISE CONCERNS



Mental Health

Mental health and well-being support with a professional counselor by phone or video. The number of sessions will be dependent upon the nature of the issue and will be clincially appropriate as determined by the counselor.

Master-Degreed Professionals

Our Master-degreed professionals will use telephone assessments utilizing evidence-based evaluation tools, short-ter problem resolution, and referral and crisis intervention.

24/7 Assistance when you need it most!

Call centers are available 24/7 to assist with intake information, and advise on how the schedule your appointment with a counselor.

"Clinical depression has become one of Americas most costly illnesses. Left untreated, depression is as costly as heart disease to the US economy, costing over \$51 billion in absenteeism from work and lost productivity and \$26 billion in direct treatment costs."

TelMedicine Cares About You and Your Pets. Because Pets are Family, too!

WE'RE REVOLUTIONIZING VIRTUAL VET CARE!

In 1988, 56% of US households had pets. Today that number has soared to 67% - 85 million families with 184 million furry friends. People now perceive their animals as beloved family members - Pet Parents have arrived. Last year, these Pet Parents spent an all-time high of \$29 Billion on vet care and product sales alone! One in three vet visits were expensive trips to the ER with an average cost of \$800 - 1500. That's why Telmedicine created a paws-itively revolutionizing virtual veterinary service!

Telmedicine gives 24/7/365 days a year unlimited access to a dedicated team of licensed Veterinarians. The consultation is a realtime phone or video call via your mobile device or computer, and enables you to ask questions, get a second opinion, understand if you need to take your pet to the vet or ER, discuss behavioral issues, training, and wellness.



LEGAL

ACCESS TO NETWORK ATTORNEYS FOR A FREE,
30-MINUTE CONSULTATION AND DISCOUNTS ON FEES.

FINANCIAL

ASSISTANCE FROM FISCAL COUNSELORS FOR HELP
WITH SAVING, BUDGETING, AND DEBT MANAGEMENT
VIA A ONE-HOUR APPOINTMENT.

WILL PREPARATION

ONLINE WILL PREPARATION WITH A STATE-SPECIFIC,
USER FRIENDLY, SELF-SERVICE TEMPLATE.

IDENTITY THEFT

IDENTITY THEFT PREVENTION EDUCATION

AND RECOVERY SERVICES.

FAMILY CARE

ACCESS TO CHILD AND ELDER CARE CONSULTANTS

FOR RESOURCES AND REFERRALS.

LIFE SERVICES

CONVENIENT REFERRALS AND INFORMATION FOR SERVICES

RANGING FROM PET CARE TO CHORE SERVICES.

Get Treatment. Save Vacation Days!

NORK/LIFE SOLUTIONS

This benefit provides professional assistance to help ensure the successful management of personal challenges. Members and their families can speak with a professional counselor via phone or video. The amount of counseling sessions will be clincially appropriate for the issue treated. This program is for short-term problem resolution, referral, and crisis intervention services. Common reasons for service include stress, depression, substance abuse, workplace issues, and more.



As the pandemic continues, mental health has become an even faster-growing crisis. Before COVID-19, the prevalence of mental illness had been steadily increasing to 1 in 4 adults.

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